



FLAMEZ FAMILY FEAST PACK

Flamez - The Taste That Brings Us Together



BONE IN CHICKEN

FLAME GRILLED OR SIGNATURE FRIED

FLAME GRILLED CHOOSE FLAVOUR

Mango Lime
Smoky BBQ
Flamez Hot
Lemon Pepper

SIGNATURE FRIED ORIGINAL OR SPICY

SERVE 15 PAX : \$119.75

30 Pc - Chicken
15 - Biscuits
5 - Large sides
3 - Large Gravy: Flamez Butter / Brown Gravy

SERVE 25 PAX : \$195 .75

50 Pc - Chicken: Flamed Grilled or Signature Fried
25 - Biscuits
8 - Large sides
5 - Large Gravy: Flamez Butter / Brown Gravy

SERVE 50 PAX : \$449 .75

100 Pc - Chicken : Flamed Grilled or Signature Fried
50 - Biscuits
18 - Large sides
10 - Large Gravy: Flamez Butter / Brown Gravy

BONELESS CHICKEN: HAND BREADED TENDERS

BONELESS FRIED TENDERS ORIGINAL OR SPICY

SERVE 15 PAX : \$195 .75

30 Pc - Boneless Tenders
15 Pc - Dipping Sauces
15 - Biscuits
5 - Large Sides
3 - Large Gravy: Flamez Butter / Brown Gravy

SERVE 25 PAX : \$195 .75

50 Pc - Boneless tenders
25 Pc - Dipping sauces
15 - Biscuits
5 - Large sides
3 - Large Gravy : Flamez Butter / Brown Gravy

SERVE 50 PAX : \$449 .75

100 Pc - Boneless Tenders
50 Pc - Dipping sauces
15 - Biscuits
5 - Large Sides
3 - Large Gravy: Flamez Butter / Brown Gravy

NOTE : YOU CAN MIX AND MATCH TENDERS AND BONE IN CHICKEN



Address: 299 Wallace St, Nanaimo, BC V9R 5B4

Phone: (250) 866-0111

Menu: flamez.ca

nanaimo@flamez.ca



FLAMEZ FEAST BOX

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BONE IN CHICKEN

FLAME GRILLED: CHOSE FLAVOUR

Mango Lime
Smoky BBQ
Flamez Hot
Lemon Pepper

SIGNATURE FRIED ORIGINAL OR SPICY

BOX INCLUDE

2- Pc - Chicken : Flame Grilled or
Signature Fried
1- Biscuits
1- Regular Sides
1- Small Gravy : Flamez Butter or
Brown Gravy
- 10 boxes : \$104.99
- 20 Boxes : \$204.99
- 50 Boxes : \$489.99

BONELESS CHICKEN: HAND BREADED TENDERS

BONELESS FRIED TENDERS
ORIGINAL OR SPICY

BOX INCLUDE

3Pc Tenders : Original or Spicy
1 Dipping sauce
1 Biscuits
1 Regular side
1 Small Gravy : Flamez Butter or
Brown Gravy
- 10 boxes : \$108.99
- 20 Boxes : \$208.99
- 50 Boxes : \$508.99

DIPPING SAUCES

Flamez Hot , Smoky BBQ , Honey Mustard ,
Creamy Ranch , Blaze & Glaze , Swet Chilli ,
Mango Lime

GOURMET LOADED WRAPS

- BBQ Chicken
- Chicken Caesar
- Veggie Loaded
- Crispy Chicken
15 Loaded wraps : \$174.99
25 Loaded wraps : \$279.99
50 Loaded wraps : \$574.99
75 Loaded wraps : \$844.99

NOTE : All wraps will be cut in half.



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FLAMEZ GOURMET

BURGER BAR

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CHOOSE PROTEIN	BUN	CHEESE
Grilled Chicken (Breast)	Brioche Bun	Canadian
Crispy Chicken (Thigh)	Gluten-Free - +0.99	Pepper-Jack
Veggie Patty	Lettuce Wrap	Swiss

SIGNATURE SAUCES	FLAMEZ TOPPINGS
Spicy Mayo , Reg Mayo Smoky BBQ , Teriyaki , Flamez hot , Ketch up	Yellow Onions , Tomatoes , Pickle Slices , Shredded Lettuce Fried Onions , Grilled Pineapple Fried Jalapeno (No. of sandwich) Grilled Pineapple (No. of sandwich)

MINIMUM 10 SANDWICHES : \$117.99



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SERVED 10-12 WINGS & SAUCE BAR

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SERVE 10-12 WINGS & SAUCE BAR

- Indulge in our juicy, flame-kissed wings, cooked to perfection and tossed in your choice of signature sauces — from bold and spicy to smooth and smoky. Served with fresh carrot sticks / Celery sticks on the side, it's the ultimate wing experience, Flamez style.
\$69.99
- Flamez Sauce Bar Selection**
Mango Habanero , Mango Lime , Flamez hot , Teriyaki, Smoky BBQ , Honey Blaze , Sweet chilli , Lemon Pepper

*Breast and thigh substitution upcharge may apply.
Plus applicable taxes. Available at participating Flamez Chicken locations in British Columbia, Canada for in-store purchases only.
Prices are subject to change without notice and may vary by region or delivery platform.
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SIDES & GRAVY

Signature Butter Gravy - \$19.99 (V)
Brown Gravy - \$16.99 (V)
Chicken sliders - \$49.99
Veggie Sliders - \$44.99
Baked Mac & Cheese - \$ 64.99
Flamez buttermilk biscuits - \$15.99
FLAMEZ hand cut chips - \$20.99
French Fries - \$25.99
Potato Wedges - \$27.9
Steamed Corn - \$27.99
Mashed Potatoes with gravy - \$25.99 (Gravy on side)
Flamez pulao Rice - \$25.99

DESSERTS

Choco Blaze Bites - \$24.99
Chocolate Chip Cookies - \$24.99
Nanaimo Bar - \$24.99
Apple Pies - \$24.99
Soft Cheese Cakes in Sweet Milk Syrup - \$26.99

SALAD

Salads served with croutons and choice of dressing

Signature Caesar Salad - 34.99

Flame-grilled chicken breast served over crisp romaine, crunchy croutons, and Parmesan, tossed in our creamy Caesar dressing. Salads served with croutons and choice of dressing

Flamez House Green Salad - \$29.99

A fresh blend of mixed greens topped with diced tomatoes, English cucumbers, shredded cheddar, & crunchy croutons. Salads served with croutons & choice of dressing

Fresh Cucumber Salad - \$24.99

A refreshing mix of English cucumbers, ripe tomatoes, and crisp onions mixed together .

Coleslaw Salad - \$24.99

Freshly shredded cabbage and carrots blended with our smooth, tangy house-made dressing — the perfect crunchy companion to any meal.

DRINKS



Can Soda - \$2.25
Bottled Soda - \$2.99
Aquafina bottled water - \$2.49

Note: At Flamez Chicken, we proudly offer gluten-friendly options upon request. Please ask the manager for our Gluten-Free Menu — we'll be happy to accommodate your need.